

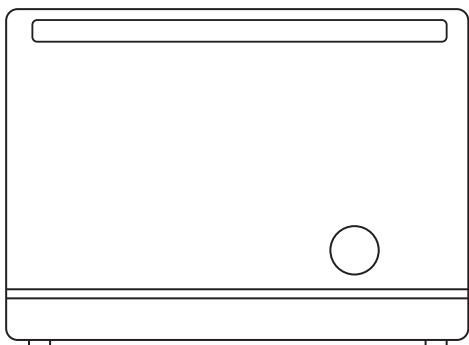
TOSHIBA

東芝微波蒸焗爐說明書

オープンレンジ取扱説明書

MX1-TH23SC(WH)

使用前請仔細閱讀本說明書，並妥善保管



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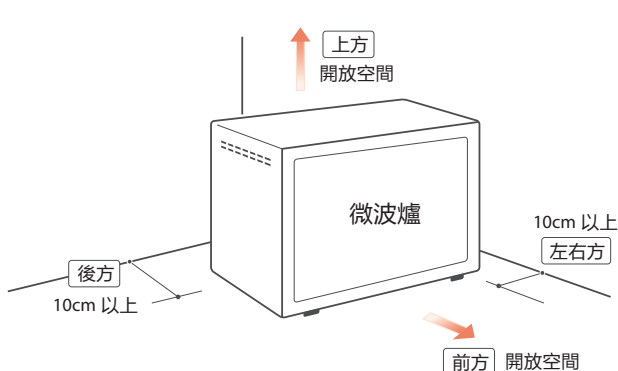
開箱檢查


打開包裝，請檢查以下內容

1. 機身外殼有無因撞擊或重壓而變形的跡象。
2. 爐門與控制面板對接是否平整，開門是否順暢靈活。
3. 微波爐門上的金屬絕緣網孔是否彎曲或變形。
4. 電源線有無破損鬆脫的現象。
5. 請檢查微波爐外罩上參數牌上所標示的電源數據是否與當地電網。

微波爐擺放

為避免烹飪過程中，排氣口排出的油、煙、蒸氣等污染家具，甚至過熱引發火災。微波爐要和牆壁、櫥櫃保留一定距離，請按下圖標記的安全距離擺放。



 **注意：高溫表面**
頂面、背面以及玻璃門等

注意

- 保持與周圍物品的距離
- 烹調前請檢查是否擺放平穩
- 遠離高溫或潮濕的地方放置
- 遠離其他電器放置
- 確保微波爐接地良好


安全方面的注意事項

為了避免給使用者帶來傷害以及財產損失，產品機身及使用說明書上記載着正確、安全的使用方法；其次，圖表、圖解符號的目的是幫助用戶理解，可能與實物有所差異。使用前，請仔細閱讀相關標示、標注，並嚴格遵守；說明書請妥善保管，已備日後參考使用。

環境方面注意事項

- 不要接近易燃、不耐熱的物體。微波爐不能放置於櫥櫃內

使用方面注意事項

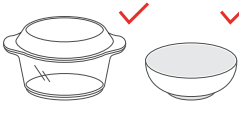

- **使用前，請先將外罩防護膜撕下**
此微波爐只能使用本微波爐推薦的溫度感應探頭
- **老人及兒童請謹慎使用微波爐**
警告 只有向兒童提供充分的指導下，確保其能夠採取安全的方法使用微波爐，並且明白不正確使用會造成的危險時，才能允許其在無人監管的情況下使用微波爐。當器具是以組合模式下工作時，可能會導致溫度上升。請兒童務必在成人的監管下做用微波爐。老年人需在他人的陪同下使用微波爐。
- **表面高溫，請小心，防止燙傷。**
微波爐在使用期間會發熱。注意避免接觸微波爐內的發熱零件。
- **警告** 在使用時表面可觸及部份可能會發熱，應遠離兒童，器具在工作期間，某些表面的溫度會升高。貼有“高溫表面”標誌的表面在使用過程中會變燙。
- **請勿將異物伸入入氣口、排氣口及微波爐門聯鎖開關內**
包括金屬物、手指等，防止觸電及微波洩漏。如有異物插入，請立即拔除電源插頭，並聯繫我方公司維修客戶服務中心。
- **自清潔和蒸氣烹調會產生蒸氣，請關閉微波爐門，謹防燙傷。**
- **請使用微波爐專用烹飪器皿**
警告 在微波爐內僅可使用微波爐專用烹飪器皿，禁止加熱密封容器內的液體和其他食物，因為這樣可能發生爆炸。加熱前請將包裝撕開，將密封容器內的液體和其他食物置於微波爐專用烹飪器皿內再進行加熱。
- **過度加熱湯、飲品等液體食品會導致液體延遲噴濺沸騰，取出時請務必小心謹慎。**
加熱奶樽和嬰兒食品罐後，應充分攪拌或搖動其內容物，並在喂食前檢查容器內食物的溫度，避免燙傷。
- **應避免過度加熱**
長時間加熱少量食物，微波爐內腔會異常高溫，並可能會導致出煙、着火、器皿溶解碎裂。當加熱塑膠或紙包裝的食品時，因此類材料高溫易燃，應注意觀察微波爐，避免着火的可能。
- **小心煙霧出現**
如發現有煙霧，應立即關閉微波爐開關或拔除電源插頭，並保持微波爐門關閉，以抑制火焰蔓延。微波爐不能在外接定時器或獨立遙控系統。
- **取下所有包裝材料並將其遠離嬰幼兒**
包括包裝袋、外罩膜、附件，以免工作過程發生火災；並遠離嬰幼兒，防止誤用導致窒息。
- **禁止烹飪帶殼雞蛋**
微波爐不能用以加熱帶殼雞蛋和已煮熟的蛋，在微波加熱時甚至在加熱之後都可能發生爆炸。

維修保養注意事項

- **禁止擅自拆開外殼進行維修和改造**
警告 除了有專業資格的維修人員外，其他人來執行檢修操作都是危險的，包括拆下防止微波能量洩漏的防護罩等操作。
- **小心開關門，門身變形會有微波洩漏風險。**
警告 如微波爐門或門封已損壞則不得繼續使用，直至合資格維修人員維修完成後方可使用。
- **電源線不要強行彎曲或拉伸**
如果電源軟線損壞，為了避免危險，必須由製造商、其維修部或類似部門的專業人員更換。
- **不得使用蒸氣清潔器**
- **本產品只限於家用，非家用出現任何問題，本公司概不負責**

烹飪器皿選擇

烹調前，請你務必檢查清楚烹調器具是否適用於微波爐；請勿使用非微波爐器皿烹調食物。

建議器皿	建議使用闊口的微波爐專用內熱陶瓷或玻璃器皿；塑膠器皿不可長時間加熱。	
		
禁止使用	不耐熱塑膠及玻璃器皿	如：雕花、鋼化玻璃的耐熱性差，不能用於微波爐的高溫烹調。
	漆器	不能用於微波爐。因油漆可能會因高溫而脫落。
	木、竹和紙製品	耐熱性差，不能用於微波爐的高溫烹調。

可選器皿	例如	使用說明	變頻微波	變頻烤焗
耐熱微波陶瓷器皿		貼有“微波爐適用”標籤的陶瓷、砂煲等均可使用。但有金、銀裝飾或有彩釉裝飾的容器不能使用。	✓	✓
耐熱微波玻璃器皿		是最適合微波爐使用和加熱的容器，透明性好，烹調時食物一目了然，並可直接上菜。	✓	✓
耐熱微波塑膠器皿		許多特殊的塑膠是為了微波爐使用而製造的，它們也是較理想的微波爐餐具。	✓	✗
金屬器皿		金屬器皿不得用於純微波模式，僅適用於光波或燒烤，組合烤焗	✗	✓
		禁止將鋁煲、不鏽鋼煲、金屬湯匙、筷子、刀叉、鑊鏟、菜刀、水壺、金屬煲等放入微波爐內。	✗	✗
微波蒸寶 微波蒸飯寶		僅適用於微波狀態。使用前請將蒸寶和蒸飯寶底座放足量的水，嚴禁無水乾燒。	✓	✗
保鮮膜		耐高溫保鮮膜，可用於包裹蔬菜，防止水份蒸發，但不可直接用於包裹肉類及油炸食物。	✓	✗

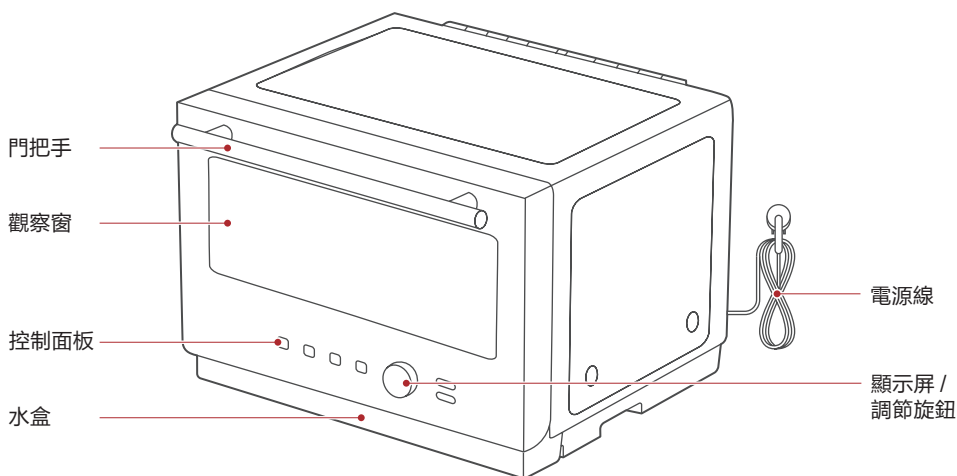
注意：盛放液體食物（與牛奶）的份量不能超過容器的三分之二。

使用說明

結構說明

使用產品前，請先了解以下內容，以便您快速掌握產品使用

由於我們的產品在不斷的升級，如實物與下圖存在差異，請以實物為準。此產品為桌面式產品，禁止用作嵌入式使用。



首次使用

首次清潔

拆除蒸氣爐前面的所有保護膜。首次使用前，請參閱“清潔與保養”部分獲取更多資訊。

首次清潔和加熱

加熱前，最好用濕布擦洗蒸氣焗爐內部。這樣就能夠去除儲存和解開器具包裝過程中積聚的灰塵或殘留的包裝材料。

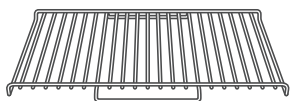
金屬零件有一層保護塗層，首次加熱時可能會散發輕微味道。這種氣味同任何蒸氣一樣會在短時間內消散，並非表示連接或機件有故障。另外，請確保首次加熱時廚房通風良好。

請拆下所有零件並在焗爐外清洗。

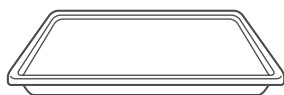
新電器首次使用時通常會有異味。首次使用前，請使用自動功能 39 進行清潔來去除異味。

使用說明

附件說明



蒸烤架

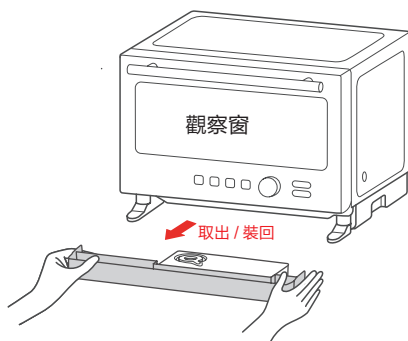


金屬烤盤



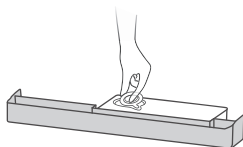
隔熱手套

水盒使用



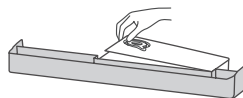
- 水盒加入室溫**純淨水**（不超過 40℃），以免產生水垢影響機器使用壽命
- 烹飪後須將廢水倒掉以免滋生細菌

加水方法



揭開膠圈後加入適量**純淨水**，蓋上膠圈，確保貼合完好


清潔方法



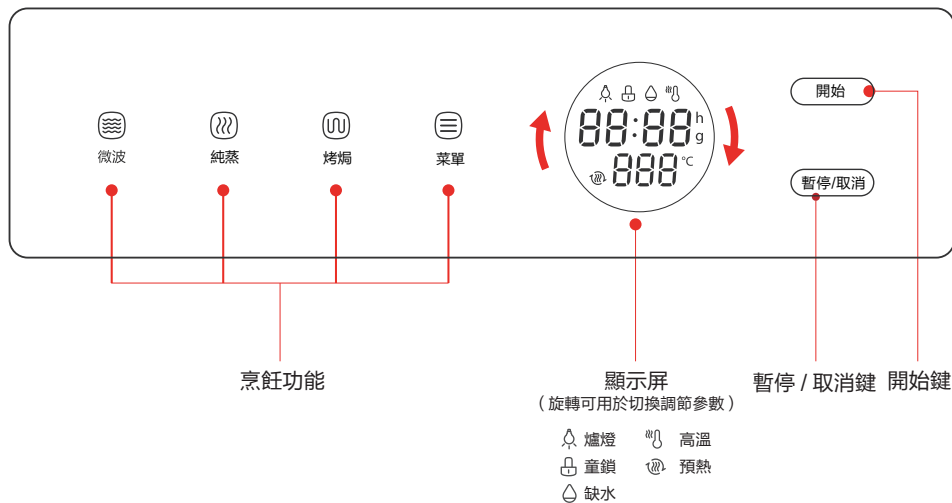
揭開水盒蓋可進行清潔或倒掉剩餘的水



注意




1. 使用前，淨水盒裝水後，請蓋緊水盒蓋，避免水盒傾斜產生漏水的情況。
2. 水盒缺水時，會發出類似蜂鳴的提示音，並顯示“”，提示機器缺水，此時烹飪將暫停，請及時給水盒加水，加水後，將水盒放回機中，並按「開始」繼續烹飪。
3. 缺水時，水泵空抽的聲音屬正常情況

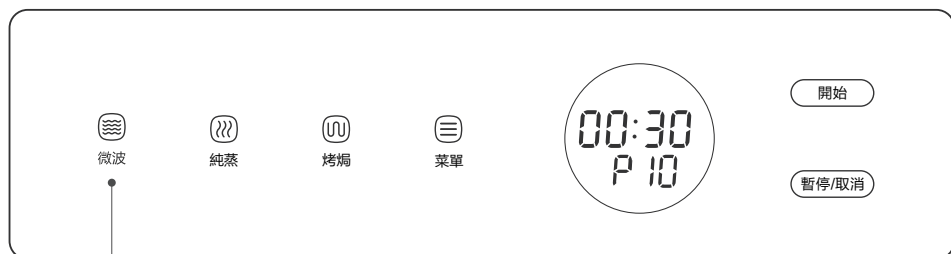
控制面板介紹



快捷加熱 (微波功能 - P10)

- 1 旋轉旋鈕選擇烹飪時間
或直接按調節旋鈕啟動
- 2 按開始鍵開始烹飪

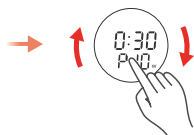
-  **注意**
1. 當機器首次使用或首次連接電源時，為省電模式，需拉開微波爐門激活程序。
 2. 待機狀態下，5分鐘無操作將自動進入省電模式。
 3. 待機狀態下，長按【暫停/取消】3秒後，進入童鎖模式，顯示屏顯示“”；再次長按3秒，“”消失，即可解鎖。



微波功能

1 按**微波**鍵進入微波功能

2 旋轉**旋鈕**設置烹飪時間
按**調節旋鈕**確認
(默認時間 30 秒, 可調範圍: 5 秒 ~95 分鐘)



3 旋轉**旋鈕**調節微波火力

P 10 900W 高火
P 08 700W 中高火
P 05 500W 中火
P 03 300W 中低火
P 01 100W 低火



4 按**開始**鍵開始烹飪



注意

微波功能下, 禁止使用金屬容器 (禁用使用錫紙等於金屬用具)。



純蒸功能

1 按**純蒸**鍵進入蒸氣功能

2 旋轉**旋鈕**設置烹飪時間
按**調節旋鈕**確認
(默認時間 15 分鐘, 可調範圍: 5 秒~90 分鐘)



3 旋轉**旋鈕**調節溫度
(可調範圍: 50~100°C)



4 按**開始**鍵開始烹飪



注意

選擇蒸氣功能時, 需提前在水盒中加入室溫的純淨水 (不超過 40°C)。



烤焗功能（無預熱）

1 按**烤焗**鍵 1 次進入無預熱烤焗功能

2 旋轉**旋鈕**選擇烹飪時間
按**調節旋鈕**確認
(默認時間 30分鐘, 可調範圍: 5秒~90分鐘)



3 旋轉**旋鈕**設置烤焗溫度
(默認溫度 150°C, 可調範圍: 100~230°C)



4 按**開始**鍵開始烹飪




烤焗功能（有預熱）

1 按**烤焗**鍵 2 次進入有預熱烤焗功能

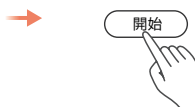
2 旋轉**旋鈕**選擇烤焗溫度
按**開始**鍵開始預熱
(默認溫度 150°C, 可調範圍: 100~230°C)

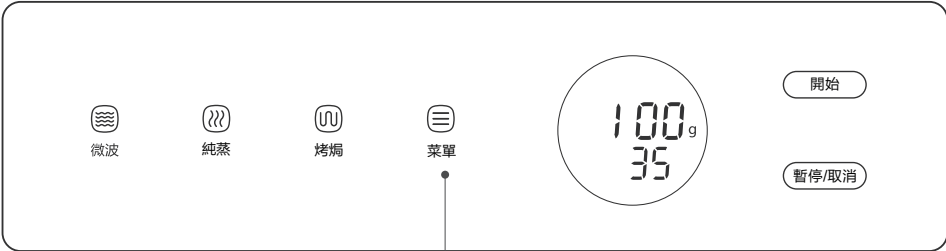


3 預熱結束後, 閃爍
打開微波爐門放入食物
旋轉**旋鈕**設置烹飪時間
(可調範圍: 5秒~90分鐘)



4 按**開始**鍵開始烹飪

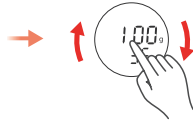




自動菜單 - 快速解凍功能

1 按**菜單**鍵進入自動菜單

2 旋轉**旋鈕**選擇菜單 35
按**調節旋鈕**確認

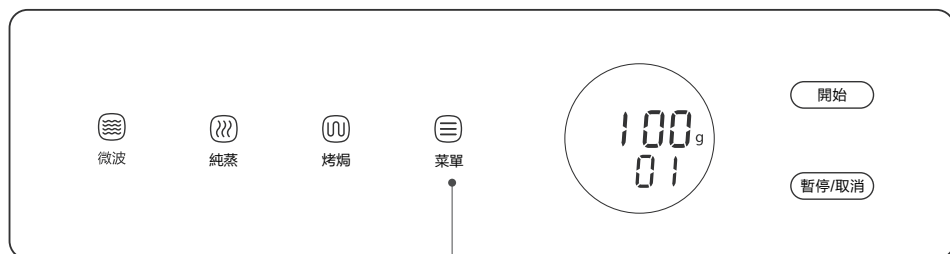


3 旋轉**旋鈕**選擇解凍重量
(默認重量 100g, 可調範圍: 100g 到 2000g)



4 按**開始**鍵開始解凍





自動菜單

1 按**菜單**鍵進入自動菜單

2 旋轉**旋鈕**選擇菜單編號
按**調節旋鈕**確認菜單



3 旋轉**旋鈕**選擇烹飪時間 / 份量
(預熱標誌亮起時，提示此菜單需預熱，請先完成預熱後再放入食物)



4 按**開始**鍵或**調節旋鈕**開始烹飪



注意

1. 標註“★”自動菜單含微波，嚴禁使用金屬容器，含錫紙。
2. 加保鮮膜或加蓋，烹飪效果更佳，但切記留透氣孔哦！
3. 取出附件和食物時，請注意防燙。
4. 在烹飪過程中，若聽到蜂鳴提示音，請把食物進行翻面，翻面後按【開始】繼續烹飪。
5. 菜單中，需要提前【預熱】的菜單，請根據界面提示先預熱，待預熱完成後，放入食材，按【開始】開始烹飪


菜單指引

序號	菜單名稱	默認份量	默認時間	是否預熱	推薦容器	放置區段
01	艾草茶糰	600g	12 分鐘	/	玻璃碗 + 蒸烤架	平板
02	孔雀開屏魚	700g	8 分鐘	/	碟子 + 蒸烤架	平板
03	檸檬酸辣鳳爪	500g	15 分鐘	/	玻璃碗	平板
★ 04	小青花撈貝絲	200g	5 分鐘	/	玻璃碗	平板
★ 05	楊枝甘露	30g	11 分鐘	/	玻璃碗	平板
★ 06	蘿蔔炆牛腩	250g	25 分鐘	/	闊口深碗 + 蓋	平板
07	蒸燒賣	400g	20 分鐘	/	蒸烤架 + 烤盤	下層
08	蒸娃娃菜	500g	12 分鐘	/	碟子 + 蒸烤架	平板
09	清蒸檸檬鱸魚	400g	12 分 30 秒	/	碟子 + 蒸烤架	平板
10	紅棗杞子滑雞	500g	18 分鐘	/	碟子 + 蒸烤架	平板
11	玉子豆腐蒸蝦仁	200g	10 分鐘	/	碟子 + 蒸烤架	平板
12	風味剁椒魚頭	600g	12 分鐘	/	碟子 + 蒸烤架	平板
13	清蒸大閘蟹	6 隻	12 分鐘	/	碟子 + 蒸烤架	平板
★ 14	辣燜豬手	1000g	50 分鐘	/	闊口深碗 + 蓋	平板
★ 15	東北醬骨架	1000g	40 分鐘	/	闊口深碗 + 蓋	平板
16	川式焗銀鱈魚	250g	10 分鐘	是	烤盤	下層
17	蒜香烤蝦	500g	10 分鐘	是	烤盤	上層
18	黑椒蜜汁雞翼	12 個	25 分鐘	是	烤盤	下層
19	焗蔬菜串	4 串	16 分鐘	是	烤盤	下層
20	烤秋刀魚	3 條	20 分鐘	/	烤盤	下層
21	黑椒牛排	250g	20 分鐘	是	烤盤	下層
22	麥方包	3 份	35 分鐘	是	多士模具	平板
23	海鮮薄餅	4 份	18 分 30 秒	/	烤盤	下層
24	紙杯蛋糕	6 份	55 分鐘	/	烤盤	下層
25	蔓越莓餅乾	/	12 分鐘	是	烤盤	上層
26	戚風蛋糕	500g	50 分鐘	是	烤盤	下層
27	焦糖布丁	9 個	30 分鐘	是	烤盤	下層
28	牛角卷	9 個	17 分鐘	是	烤盤	下層

序號	菜單名稱	默認份量	默認時間	是否預熱	推薦容器	放置區段
29	意式薄底薄餅	1 個	20 分鐘	是	烤盤	下層
30	葡撻	9 個	20 分鐘	是	烤盤	下層
31	日式茶碗蒸	600g	21 分鐘	/	茶碗 + 蒸烤架	平板
★ 32	日式薯仔燉肉	400g	8 分鐘	/	闊口深碗 + 蓋	平板
33	韓式魷魚鬚	150g	8 分鐘	是	烤盤	下層
34	漢堡扒	2 個	25 分鐘	是	烤盤	下層
★ 35	快速解凍	100~2000g	/	/	/	平板
★ 36	溶化牛油	100g	2 分 30 秒	/	碟	平板
37	麵團發酵	500g	50 分鐘	/	深口碗	平板
38	乳酪發酵	1000g	6 小時	/	深口碗	平板
39	爐腔清潔	/	10 分鐘	/	/	平板
40	蒸氣系統清潔	/	20 分鐘	/	/	平板
41	消毒	/	15 分鐘	/	/	平板




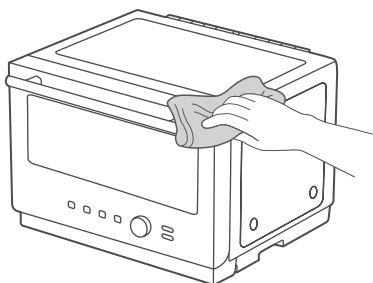
注意

1. 當微波爐腔體內溫度高於 65°C 時，顯示屏顯示高溫圖標“”，此顯示為注意高溫提示，屬正常狀態，請注意預防溫度過高，以免燙傷。

清潔保養

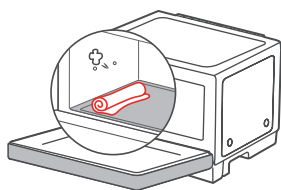
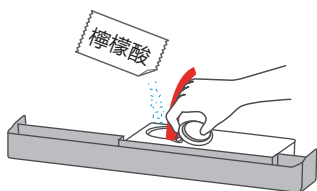
清潔注意事項

-  **注意注意**
1. 不要使用尖銳清潔工具、硬毛刷和帶腐蝕性的清潔用品，以免損傷烤盤、烤網。
 2. 嚴禁將微波爐浸入水或其他液體中，以防止損傷微波爐。
 3. 請務必等到本體冷卻後再清潔保養。
 4. 爐內殘留有食材或污垢時請及時清潔乾淨，以免加熱時其起火，起火或將引起火災
 5. 請勿使用去污粉、刷子、天拿水或汽油等清潔本產品。

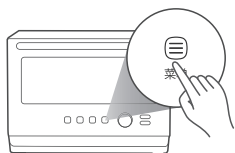



- 1 清潔前，先拔除電源插頭並等待微波爐完全冷卻後再進行。
- 2 用中性清潔劑清洗包括烤架和烤盤在內的所有附件，附件清洗後請充分晾乾。
- 3 用沾有中性清潔劑的軟濕布擦拭微波爐內部，再用擰乾的抹布等擦拭掉洗滌劑成份。

水垢清潔 建議每個月一次



- 1 取出淨水盒，加入約 15 克食品級檸檬酸，
- 2 將一條乾毛巾放在爐腔左側蒸氣出口下加滿純淨水將水垢溶解後放回

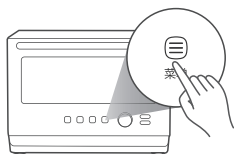


- 按**菜單**鍵選擇**菜單 40**，按**開始**鍵確認
- 待機器顯示“”並在提示音響起後，清空水盒，並重新加滿純淨水；同時清理毛巾、爐腔和廢水盒
- 重複步驟 2 的操作後，按**開始**鍵繼續清潔

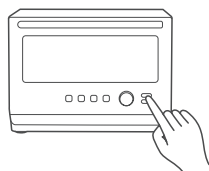
消毒殺菌



1. 根據微波特性，對陶瓷、玻璃等餐具及器皿具有強效殺菌作用，滅菌率高達99%以上
2. 此功能含有微波，禁用金屬容器（含金絲銀絲描邊的餐盤）。
3. 嚴禁在未放入任何餐具、器皿等物品，爐內沒有任何食物/器皿時，啟動殺菌功能。



1 按菜單鍵選擇菜單 41



2 按開始鍵確認

餐具殺菌

殺菌前必須將餐具在水中浸濕，將餐具用濕毛巾包裹殺菌效率更高

毛巾 / 抹布殺菌

必須將毛巾 / 抹布在水中浸濕並用保鮮膜包起來，才可以放入微波爐殺菌，既能提高殺菌效果，又能防止棉織品燒焦

奶樽殺菌

將奶樽與奶嘴分開，奶樽裝入 7 分滿的水並用保鮮膜包裹，同時，將奶嘴浸沒在裝水的容器並用小盤子壓住防止浮起

微波故障自檢

當發生故障時，顯示屏會顯示錯誤代碼“E**”“F**”（*為阿拉伯數字），若重新通電再啟動後故障仍無法排除，請聯繫東芝排除故障。

常見錯誤代碼說明		
故障說明	顯示	故障分析
腔體溫度大於 100℃	F 0 1	屬正常現象

產品參數

容積	23L	蒸氣功率	1500-1600W
額定電壓 / 頻率	220-230V~ 50Hz	蒸氣最大功率	2000W
微波輸入功率	1450W	微波工作頻率	2450MHz
微波輸出功率	900W	外形尺寸 (mm)	468*431*337
烤焗功率	1500-1600W	爐腔尺寸 (mm)	387*321*203
烤焗最大功率	2000W	產品淨重	16.9kg

1. 產品尺寸為大約數。
2. 外形尺寸：深度值包含門把手（若有把手）、後板拉伸長度、高度值含爐腳。
3. 爐腔尺寸，包含拉伸的長度，為兩個面之間的最大值。
4. 由於我們的產品在不斷改進，實物參數可能與標註不同，具體尺寸請參照實物。

維修保養

維修前須知，如您的微波爐需要維修，請仔細閱讀以下內容。

下列情況均屬正常

● 微波爐干擾電視信號接收

對收音機、電視機產生的信號干擾是源自高壓變壓器產生的電磁波。這種情況，類似一些小型電器都會發生，並非微波爐故障。東芝微波爐採用三重安全防洩漏裝置，微波洩漏量遠遠低於國家安全標準。

若想測試微波洩露情況，請用專門的儀器來測試。

● 微波爐燈光暗弱

烹飪是若選擇“微波高火”，此時爐內燈光會變得暗弱及有響聲產生，這是正常現象。

● 烹飪時出現光和風

微波爐工作時需要散熱，門體四周及底盤會有熱風排出，出現燈光及聞到氣味屬正常現象。

● 蒸氣積聚爐門和有熱氣從排氣口排出

烹飪時，食物散發的蒸氣會從排氣口排出，凝聚在爐門上。或蒸氣可能從爐門四周縫隙處溢出。使用與蒸氣相關的功能時，產品運轉過程中爐腔內會產生大量蒸氣，部份蒸氣可能門縫四周漏出，這是正常現象

● 工作時的響聲

高壓變壓氣、磁控管、高速散熱風扇均會產生噪音，這是正常現象。

若微波爐不能啟動請檢查是否

● 沒有插緊電源

拔掉插頭，等待 10 秒鐘後重新插上。

● 保險絲燒斷或電腦斷路器發生作用

重新裝置保險絲或重新設定電路斷路器（由本公司專業維修人員負責修理）。

● 插座有問題

用其他電器測試插座是否有問題，若微波爐不能加熱，請檢查是否爐門未關好，請注意關好爐門。

你的微波爐需要經常進行清潔、保養。

● 微波爐使用完畢後，請及時拔除電源插頭，不要將其靠近火源或浸入水中，不要將電源線和插頭直接放外罩上面，以防外罩餘熱損壞電源線。

● 待微波爐冷卻後進行一定的清洗。應定期清潔微波爐並清除微波爐內所有食物殘渣。不清潔微波爐會導致器具表面裂化，這會影響器具的使用壽命並可能會導致危險的情況發生。

● 可用蘸有軟性洗滌劑（如洗潔精）的布擦拭微波爐外殼，再用濕布擦乾淨，最後用乾布擦乾以保持爐腔的乾爽，嚴禁使用鋼絲刷等硬物擦拭微波爐。請勿清潔爐門安全鎖系統。

警告 不要使用粗糙的擦洗劑或鋒利的金屬刮刀清潔微波爐門的玻璃，這樣會損傷爐門的表面玻璃，甚至會導致玻璃粉碎。

● 煮食過程中產生的油脂會侵蝕爐腔、影響加熱效果，從而改變食物的味道。因此使用後請及時清潔爐腔。

● 常用溫水清洗金屬烤盤、陶瓷盤和金屬烤架。注意在微波爐長時間烹飪後，不要用冷水立即清潔。

● 微波爐導波有側面導波和底部導波兩種方式。側面導波的微波爐產品腔體右側有波導口，請保持波導口的清潔，請不要把波導蓋（雲母片）取下，以免打火。

● 清潔門封、腔體和臨近的部件細節；長時間不使用微波爐，使用前請在烤焗或光波功能狀態下使用幾分鐘，以蒸發微波爐內積聚的濕氣。

● 保持爐腔底部清潔，可避免轉盤微波爐在工作過程中轉盤因轉動而產生的異常噪音。

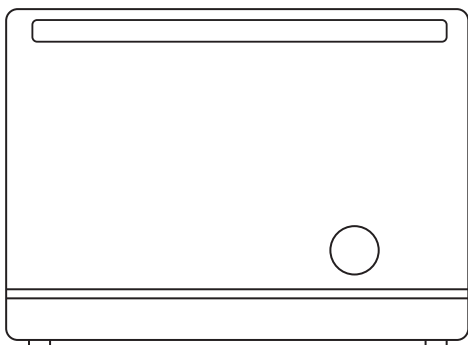
TOSHIBA

Use Manual of Toshiba Steam Oven with Microwave function

オーブンレンジ取扱説明書

MX1-TH23SC(WH)

Please read this manual carefully
before use and keep it properly



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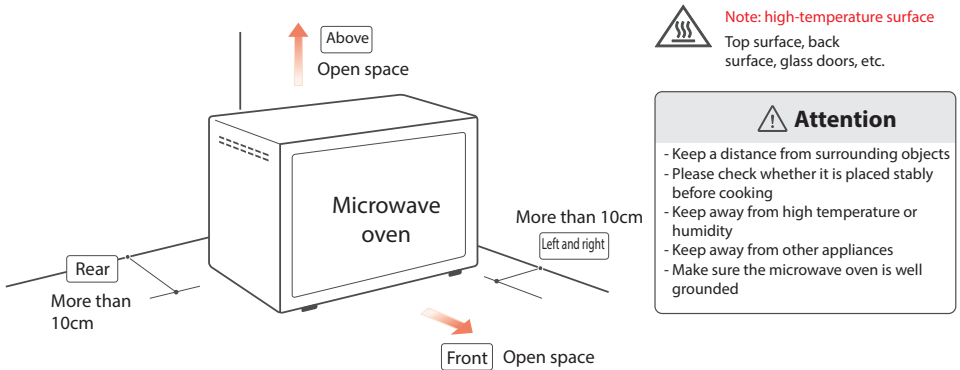
Unpacking inspection

Please check the following after opening the package

1. Whether the body cover is deformed due to impact or pressure.
2. Whether the abutment between the oven door and the control panel is flat, and whether the door is opened smoothly.
3. Whether the metal insulation mesh on the oven door is bent or deformed.
4. Whether the power cord is damaged or loose.
5. Whether the data on the nameplate of the microwave oven is consistent with the local power grid.

Microwave oven placement

To prevent the oil, smoke, steam, etc. discharged from the exhaust port during cooking from staining the furniture or causing fire due to overheating. Microwave ovens shall be kept at a certain distance from walls and cabinets. Please place them according to the safe distance marked in the figure below.



Safety precautions

To avoid injuries or property loss, the product body and its manual record important contents such as how to operate the microwave ovens properly and safely; besides, the icons and pictorial symbols, which may be different from the real products, are to help users understand. Please read the relevant marks carefully before use and rigorously follow them; please keep the manual properly for future reference.

Environmental considerations

- It is forbidden to approach inflammable or heat-labile objects. Microwave ovens cannot be placed in cabinets

Precautions for use

- **Please tear off the protective film on the cover before use**

Only the temperature sensing probe recommended for this microwave oven can be used

- **The elderly and children shall use microwave ovens with caution**

Warning: Children can use microwave ovens without supervision only when they are fully instructed so that they know how to use them safely and understand that incorrect use will give rise to danger. When the appliances work integrally, children must use them under the supervision of adults due to the temperature rise. The elderly shall use the microwave oven accompanied by their family.

- **High-temperature surface, prevent scalding.**

Microwave ovens will heat up during use. Avoid touching the heating unit in the microwave oven.

- **Warning:** The touchable part may be heated during use, so children shall stay away. During the operation, some surfaces may be heated to a high temperature. Surfaces labeled "high-temperature surface" will become scalding during use.



- **Do not put foreign matters into the suction port, exhaust port and oven door interlock switch**

Including metal objects, fingers, etc., to prevent electric shock and microwave leakage. Please unplug the appliance and contact our maintenance customer service center immediately in case of foreign matters.

- **Like steam cooking, self-cleaning also generates steam. Please close the oven door to avoid scalding.**

- **Please use microwave cooking utensils**

Warning: Only suitable utensils can be used in the microwave oven. It is forbidden to heat the liquid and other food in the sealed container, which may explode. Please tear up the package and put it in a special vessel for the microwave oven before heating.

- **Excessive heating of liquids such as soups and drinks will cause delayed splash boiling, so care must be taken when taking them out.**

Milk bottles and baby food cans shall be stirred or shaken. Before feeding, check the food temperature in the bottle to avoid scalding.

- **Excessive heating shall be avoided**

If a small amount of food is heated for a long time, the temperature in the oven chamber will be abnormally high, causing smoke, fire or vessel cracking. When heating food packaged in plastic or paper, pay attention to the microwave oven because it may catch fire.

- **Watch out for smoke**

Turn off the switch or unplug the appliance in case of smoke and keep the oven door closed to curb the flame. The appliance cannot operate when connected to an external timer or under the independent remote control system.

- **Remove all packaging and keep away from infants and young children**

Including the packing bag, cover film and fittings to avoid fire during operation; keep the above objects away from infants to prevent asphyxia caused by misuse.

- **It is forbidden to cook eggs with shells**

Microwave ovens cannot be used to heat fresh eggs with shells and cooked eggs, which may explode when or even after heating.

Precautions for repair and maintenance

- **It is forbidden to disassemble the cover for repair and transformation without authorization**

Warning: The maintenance operation, including removing the protective cover to prevent microwave energy leakage, is dangerous for personnel other than qualified maintenance personnel.

- **Be careful when opening and closing the door. If the door body is deformed, there will be a risk of microwave leakage.**

Warning: If the microwave oven door or door seal is damaged, it shall not be used again until it is repaired by qualified maintenance personnel.

- **Do not bend or stretch the power cord**

Damaged power cords must be replaced with special cords or special components purchased from the manufacturer or maintenance department.



Suggestion: to avoid danger, power cords shall be replaced by professional personnel of the manufacturer.


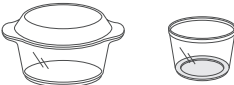

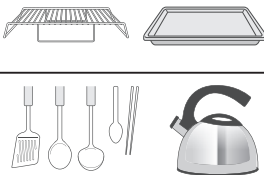


- **Do not use the steaming cleaner**

- It is a domestic appliance, therefore, our company is not responsible for any problems arising from non-household use

Selection of cooking utensils

Before cooking, you must check whether the cooking utensils are suitable for the microwave oven; please do not use non-microwave utensils to cook food.

Suggested utensils	It is recommended to use special widemouthed heat-resistant ceramics or glassware for microwave oven; plasticware cannot be heated for a long time.	
		
Do not use	Heat-labile plastics and glassware	For example, carved and tempered glasses feature poor heat resistance and cannot be used for high-temperature cooking in microwave ovens.
	Lacquer	Cannot be used in microwave ovens. Paint may fall off due to high temperature.
	Wood, bamboo and paper products	Poor heat resistance, cannot be used for high-temperature cooking in microwave ovens.

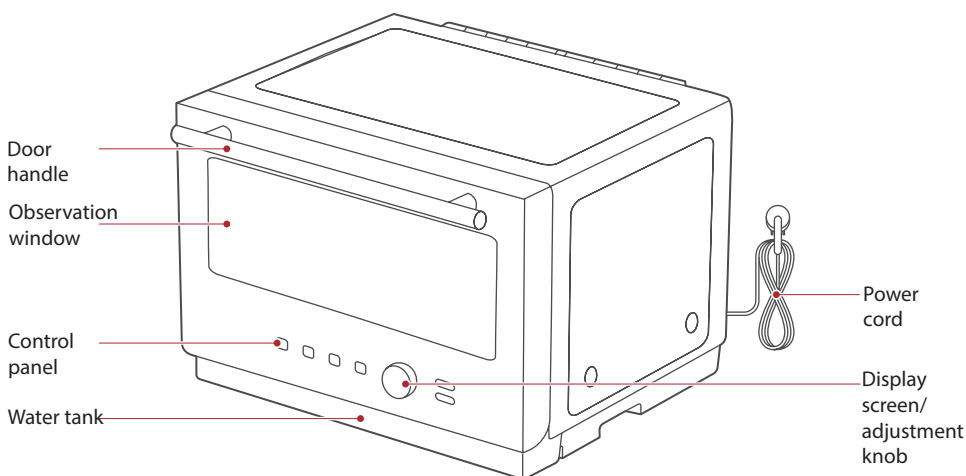
Optional utensils	For example	Manual	Frequency conversion microwave	Frequency conversion Roast
Heat-resistant micro Porcelain ware		Ceramics and casseroles labeled "applicable to microwave ovens" can be used. However, containers decorated with gold and silver or glazed cannot be used.	✓	✓
Heat-resistant microwave Glassware		The most suitable container for microwave oven use and heating. Glassware is transparent and can be put onto the dinner table directly. The food inside can be seen clearly during cooking.	✓	✓
Heat-resistant microwave Plasticware		Lots of special plastics, which are made for microwave oven use, are also ideal microwave tableware.	✓	✗
Metalware		Metal cookware shall not be used in the microwave mode, but only in light wave or Roast, or combined Roast state.	✗	✓
Microwave steamer Microwave rice steamer		It is forbidden to put aluminum pot, stainless steel pot, metal spoon, chopsticks, knife and fork, spatula, kitchen knife, kettle, metal pot, etc. into the microwave oven.	✓	✗
Microwave steamer Microwave rice steamer		Applicable to microwave state only. Please add sufficient water to the base of the steamer and the rice steamer. Dry-braising is strictly prohibited.	✓	✗
Plastic wrap		The high-temperature-resistant plastic wrap can be used to prevent water evaporation in vegetables, but it can not be directly used for meat or fried food.	✓	✗

Note: the liquid (such as milk) volume shall not exceed two-thirds of the container.

Structure description

Please read the following contents firstly to quickly understand how to use our products

As our products are constantly upgrading, if there is any difference between the real object and the figure below, please take the former as the standard. It is a desktop product, and it is forbidden to be used as an embedded one.



First use

Initial cleaning.

Remove all protective foils in front of the steaming oven. Before first use, refer to the "cleaning and maintenance" section for more information.

First cleaning and heating

Before heating, you'd better wipe the inside of the steaming oven with a wet cloth. In this way, the ash or residual packaging materials accumulated in the packaging process of storage and dissociation appliances can be removed.

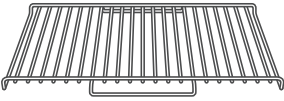
Coated with a protective layer, the metal parts may generate a slight odor when heated for the first time. The odor will dissipate in a short time like the steam, which is not a token of faults in any connection or part. In addition, make sure that the kitchen is well ventilated during the first heating.

Please remove all fittings and clean them outside the oven.

New appliances usually generate odors when used for the first time. Before the first use, please turn to the Automatic Cleaning Function 39 to remove the odor

Manual

Fittings



Steaming grill

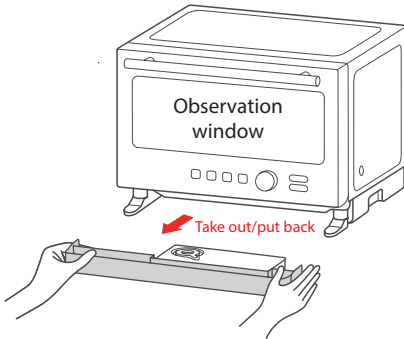


Metal ovenware



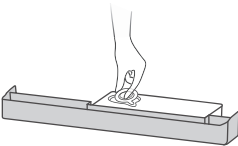
Heat insulating gloves

Usage of water tank



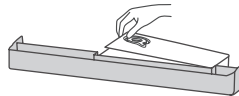
- Add **purified water** with a normal temperature (no more than 40 °C) into the water tank to prevent scale which may affect the service life of the oven.
- The water tank must be emptied after cooking to avoid bacterial breeding.

Water-adding method



After opening the rubber ring, add an appropriate amount of **purified water** and cover the rubber ring to ensure that it fits well.

Cleaning method



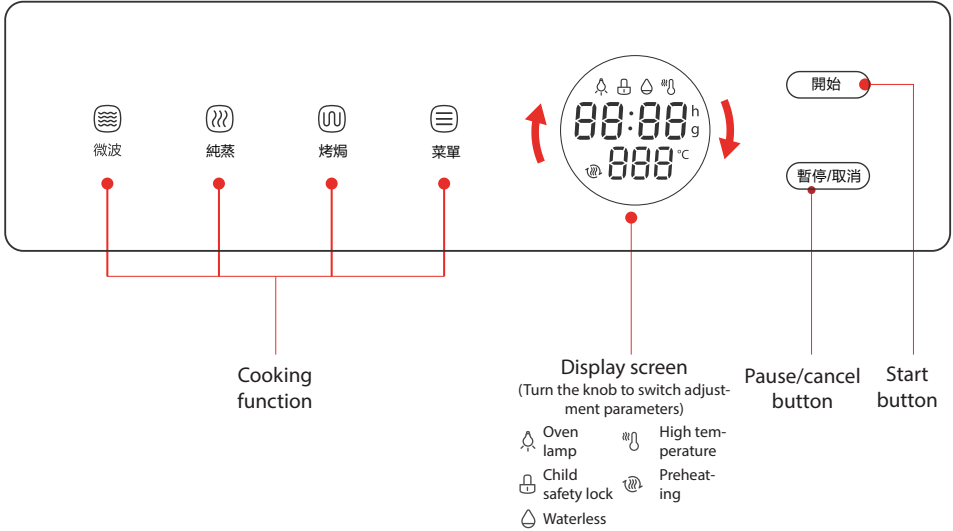
Open the water tank cover for cleaning or emptying the remaining water





Attention

1. Before use and after adding water into the purification tank, please close the water tank cover to prevent it from tilting and leaking.
2. The tank will buzz and display "△" if waterless. Please suspend cooking, fill the water tank and put it into the sink to restart cooking.
3. The pump will generate empty pumping noises if waterless, which is normal

Introduction of the control panel

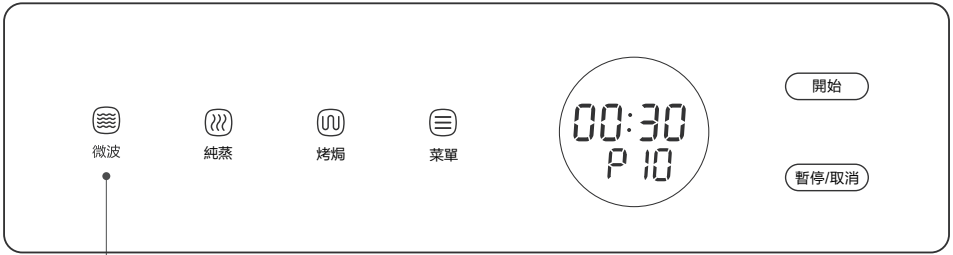


Quick heating (microwave function -P10)

- 1 Turn the **knob** to select the cooking time or directly initiate it by pressing the adjustment knob 
- 2 Press “**開始 (Start)**” to cook. 



1. When initially used or powered on, the oven is in power saving mode and you shall open its door to activate the corresponding program.
2. It will automatically turn into the power-saving mode in case of 5-minute no-operation during the standby time.
3. During the standby time, press and hold the [暫停/取消 (Pause/Cancel)] for 3 seconds to switch into the child safety lock mode, and the display shows ; press and hold it again for 3 seconds, the disappears and you can exit the child safety lock mode.



Microwave function

1 Press "微波 (Microwave)" to switch to the microwave function.

2 Turn the knob to set the cooking time.
Press the adjustment knob to confirm.
(Default time 30 seconds with a range from 5 seconds to 95 minutes)



3 Turn the knob to adjust the microwave power.

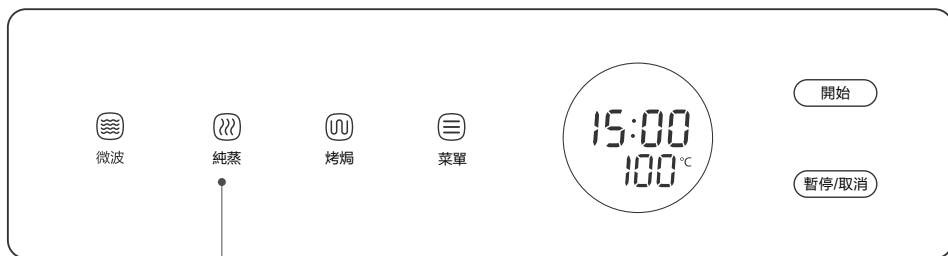
P 10	900W	High setting
P 08	700W	Medium or high setting
P 05	500W	Medium setting
M 3	300W	Medium or low setting
P 1	100W	Low setting



4 Press "開始 (Start)" to cook.



It is forbidden to use metal containers under the microwave function, for tin foil is made of metal.



Pure Steam

1 Press “純蒸 (Pure Steam)” to switch to the steaming function.

2 Turn the knob to set the cooking time. Press the adjustment knob to confirm.

(Default time 15 minutes with a range from 5 seconds to 90 minutes)

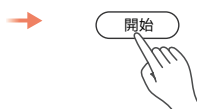


3 Turn the knob to adjust the temperature.

(Range: 50 ~100°C)

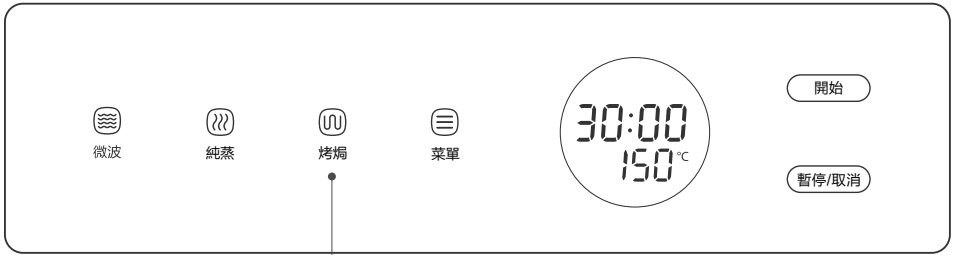


4 Press “開始 (Start) ” to cook.



Attention

Add purified water with a normal temperature (no more than 40 °C) into the water tank when switching into the steaming function.



Roast function (without preheating)

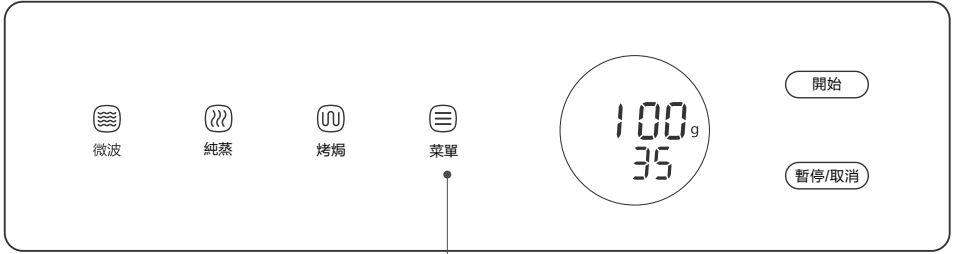
- 1 Press “烤焗 (Roast)” once to switch to the Roast function without preheating.
- 2 Turn the knob to set the cooking time.
(Range: 5 seconds - 90 minutes)
- 3 Turn the knob to select the Roast temperature.
Press the adjustment knob to confirm.
(Default temperature 150°C with a range of from 100°C to 230°C)
- 4 Press “開始 (Start)” to cook.



Roast function (with preheating)

- 1 Press “烤焗 (Roast)” twice to switch into the Roast function with preheating.
- 2 Turn the knob to select the Roast temperature.
Press “開始 (Start)” to preheat.
(Default temperature 150°C with a range of from 100°C to 230°C)
- 3 After preheating,  flashes.
Open the oven door and put the food in
Turn the knob to set the cooking time.
(Range: 5 seconds - 90 minutes)
- 4 Press “開始 (Start)” to cook.

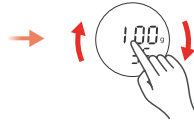




Menu - Rapid Defrost

1 Press “菜單 (Menu)” to switch to the automatic menu.

2 Turn the knob to select Menu 35. Press the adjustment knob to confirm.

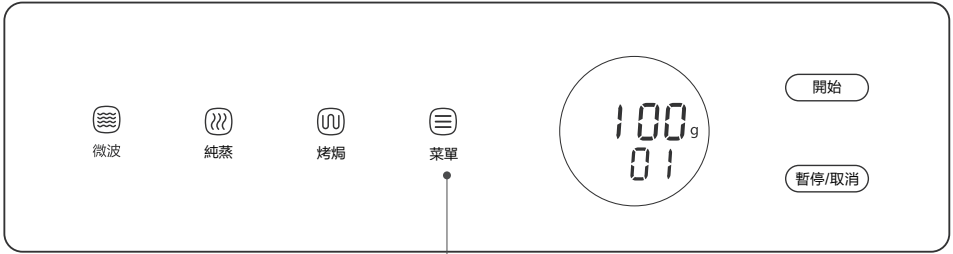


3 Turn the knob to select the thawing weight. (Default weight 100g with a range from 100g to 2000g)



4 Press “開始 (Start)” to thaw.





Menu

- 1 Press “**菜單 (Menu)**” to switch to the automatic menu.
- 2 Turn the **knob** to select the menu number.
Press the adjustment knob to confirm the menu
- 3 Turn the **knob** to select the cooking time/quantity.
(Preheating is required when its sign is on. Please preheat before putting the food inside)
- 4 Press “**開始 (Start)**” or the **adjustment knob** to cook.



1. The automatic menu marked with “★” including the microwave. It is strictly prohibited to use metal containers, including tin foil paper.
2. Cooking with plastic wrap or cover comes off better but remember to punch holes!
3. Please be careful not to be scalded when taking out fittings or food.
4. If you hear the buzzes during cooking, please turn the food over and press [開始 (Start)] to continue.
5. For the menu requiring [Preheat] in advance, preheat first according to the interface prompt, then put in the ingredients and press [開始 (Start)] to cook.

Menu guide

No.	Menu name	Default portion	Default time	Preheating or not	Recommended container	Placement area
01	Wormwood Rice Cake	600g	12 min	/	Glass bowl + Steaming grill	Plate
02	Peacock Steamed Fish	700g	8 min	/	Saucer + Steaming grill	Plate
03	Spicy Lemon Chicken Feet	500g	15 min	/	Glass bowl	Plate
★ 04	Cucumber Flower Mixed Seafood	200g	5 min	/	Glass bowl	Plate
★ 05	Mango Pomelo Sago	30g	11 min	/	Glass bowl	Plate
★ 06	Braised Sirloin with Radish	250g	25 min	/	Wide-mouth deep bowl + cover	Plate
07	Steamed Siumai	400g	20 min	/	Steaming grill + ovenware	Lower layer
08	Steamed baby cabbage	500g	12 min	/	Saucer + Steaming grill	Plate
09	Steamed Sea Bass with Lime	400g	12.5 min	/	Saucer + Steaming grill	Plate
10	Steamed Chicken with Red Dates and Lyceum	500g	18 min	/	Saucer + Steaming grill	Plate
11	Steamed Tamago Tofu With Shrimp	200g	10 min	/	Saucer + Steaming grill	Plate
12	Steamed Fish Head with Chilli Pepper	600g	12 min	/	Saucer + Steaming grill	Plate
13	Steamed Hairy Crabs	6	12 min	/	Saucer + Steaming grill	Plate
★ 14	Braised Spicy Pork Knuckle	1000g	50 min	/	Wide-mouth deep bowl + cover	Plate
★ 15	Northeast China Soy Sauce	1000g	40 min	/	Wide-mouth deep bowl + cover	Plate
16	Sichuan Grilled Black Cod	250g	10 min	Yes	Ovenware	Lower layer
17	Roast Shrimp with Minced Garlic	500g	10 min	Yes	Ovenware	Upper layer
18	Honey Black Pepper Chicken Wings	12	25 min	Yes	Ovenware	Lower layer
19	Grilled Vegetable Skewers	4	16 min	Yes	Ovenware	Lower layer
20	Roasted saury	3	20 min	/	Ovenware	Lower layer
21	Roasted Steak with Black Pepper	250g	20 min	Yes	Ovenware	Lower layer
22	Wholemeal cube bread	3	35 min	Yes	Toast mold	Plate
23	Seafood Pizza	4	18.5 min	/	Ovenware	Lower layer
24	Cupcake	6	55 min	/	Ovenware	Lower layer
25	Cranberry cookies	/	12 min	Yes	Ovenware	Upper layer
26	Chiffon cake	500g	50 min	Yes	Ovenware	Lower layer
27	Caramel pudding	9	30 min	Yes	Ovenware	Lower layer
28	Butter Roll	9	17 min	Yes	Ovenware	Lower layer

No.	Menu name	Default portion	Default time	Preheating or not	Recommended container	Placement area
29	Thin Crust Pizza	1	20 min	Yes	Ovenware	Lower layer
30	Portuguese egg tarts	9	20 min	Yes	Ovenware	Lower layer
31	Japanese steamed egg custard	600g	21 min	/	Tea bowl + Steaming grill	Plate
★ 32	Japanese Style Stewed Meat with Potato	400g	8 min	/	Wide-mouth deep bowl + cover	Plate
33	Korean Spicy Squid	150g	8 min	Yes	Ovenware	Lower layer
34	Hamburger Steak	2	25 min	Yes	Ovenware	Lower layer
★ 35	Rapid Defrost	100~2000g	/	/	/	Plate
★ 36	Melted Butter	100g	2.5 min	/	Saucer	Plate
37	Dough fermentation	500g	50 min	/	Deep-mouth bowl	Plate
38	Yogurt Fermentation	1000g	6h	/	Deep-mouth bowl	Plate
39	Cavity Cleaning	/	10 min	/	/	Plate
40	Steam System Cleaning	/	20 min	/	/	Plate
41	Disinfection	/	15 min	/	/	Plate



Attention

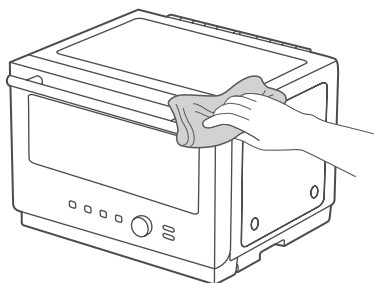
1. If the chamber temperature is higher than 65 °C , the icon "⚠", as a reminder of high temperature, is shown on the display screen, which is normal. Please pay attention to the high temperature to avoid being scalded.

Cleaning and maintenance

Precautions for cleaning



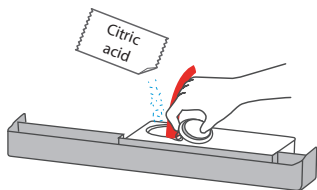
1. Do not use sharp cleaning tools, hard bristles, wire brushes or corrosive cleaning products to avoid damaging the oven body and its fittings.
2. It is strictly forbidden to immerse the microwave oven in water or other liquids to prevent it from being damaged.
3. Do not start cleaning or maintenance until the oven body cools down.
4. Do not leave the oven unattended if there are ingredients or dirt left inside to avoid fire.
5. Do not clean the oven with detergent, brush, banana oil, gasoline, etc.



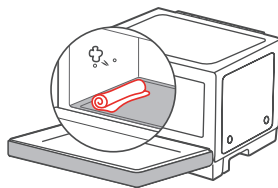
- 1 Unplug the microwave oven and cool it down before cleaning.
- 2 All fittings, including the grill and ovenware, shall be cleaned with neutral detergent then left to dry off.
- 3 Wipe the inside of the microwave oven with a soft damp cloth stained with neutral detergent, and then wipe off the detergent with a dry rag.

Scale cleaning

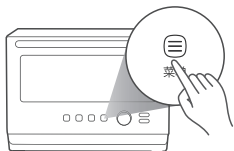
Once a month is recommended



- 1 Take out the water purification tank, add about 15g of food-grade citric acid, fill the tank with purified water to dissolve the acid, and put the tank back.



- 2 Place a dry towel under the steam outlet on the left side of the oven chamber.



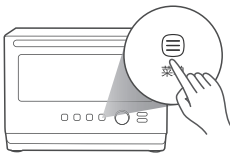
- Press “菜單 (Menu)”, select **Menu 40** and press “開始 (Start)” to confirm.
- Empty the water tank and refill it with purified water after the oven displays “△” and prompts a sound; simultaneously, clean towels, oven chamber and waste water tank.
- After repeating the operation in Step 2, press “開始 (Start)” to continue cleaning.

Sterilization

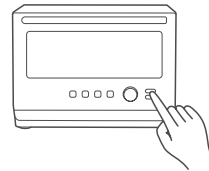


Attention

1. The microwave features a strong sterilization effect on tableware such as ceramics and glass, with a sterilization rate of more than 99%.
2. Metal containers (including plates with gold or silver traces) shall not be used in microwave.
3. It is forbidden to adopt the sterilization function when there is no article in the oven chamber.



- 1 Press "菜單 (Menu)" and select Menu 41.



- 2 Press "開始 (Start)" to confirm

Tableware sterilization

The tableware shall be soaked in water before sterilization. Wrapping tableware with a wet towel helps improve the sterilization efficiency

Towel/rag sterilization

Towels/rags must be soaked in water and wrapped with plastic wrap before being put into the microwave oven for sterilization,

It can not only improve the sterilization effect but also prevent cotton from burning

Sterilization for nursing bottles

Separate the nursing bottle from the pacifier, fill the bottle with water of 70% volume and wrap it with plastic wrap, simultaneously,

Immerse the pacifier in the water container and press it with a small plate to prevent it from floating

Fault self-check of microwave ovens

The screen will prompt the error code "E***" "F***" (* is Arabic numerals) in case of faults. If the fault still cannot be eliminated after power on and restart, please contact Toshiba for help.

Description of common error codes		
Fault description	Display	Fault analysis
The chamber temperature is higher than 100°C .	F 0 1	It is normal

Product parameters

Volume	23L	Steaming power	1500-1600W
Rated voltage/ frequency	220-230V~ 50Hz	Maximum steaming power	2000W
Microwave input power	1450W	Microwave operating frequency	2450MHz
Microwave output power	900W	Overall dimensions (mm)	468x431x337
Roast power	1500-1600W	Chamber size (mm)	387x321x203
Maximum bak- ing power	2000W	Net weight	16.9kg

1. Product size is approximate.
2. Overall dimension, depth includes door handle (if any) and tensile length of the rear plate, and height includes the oven foot.
3. The oven chamber size, including the tensile length, is the maximum between two surfaces.
4. Our products are regularly updated, therefore, the physical parameters may be different from those marked. Please refer to the former.

Repair and maintenance

Before maintenance, please read the following carefully if your microwave oven requires maintenance.

The following conditions are normal

- **Microwave oven interferes with TV reception.**

What interferes with radio and television is the electromagnetic wave generated by high-voltage transformers. This may also occur in some small electrical appliances and is not microwave oven failure. Toshiba microwave oven is equipped with an anti-leakage device of triple safety, and the microwave leakage is far below the national safety standard.

Please use a special instrument to test the microwave leakage.

- **The microwave oven lights are dim.**

If you choose "Microwave high setting" during cooking, the light inside will become dim and the oven will generate sound, which is normal.

- **The oven generates light and wind during cooking.**

An operating microwave oven will dissipate heat simultaneously, therefore, hot air will be discharged around the door and chassis. It is normal to see lights or smell the odors.

- **Steam accumulates in the oven door and hot air is discharged from the exhaust port.**

The steam from the food will be discharged from the exhaust port and condensed on the oven door during cooking. Or steam may overflow from the gap around the oven door. When using functions related to steaming, a large amount of steam will be generated in the chamber during the machine operation, and some steam may leak around the door crack, which is normal

- **Operating noises**

High voltage transformers, magnetrons and high-speed cooling fans will all generate noises, which is normal.

If the microwave oven cannot be started, please check whether

- It is not plugged in tightly:

Unplug it and plug it in again after 10 seconds.

- **The fuse blows or the circuit breaker works**

Reset the fuse or the circuit breaker (the professional maintenance personnel of our company are responsible for the repair).

- There is something wrong with the socket

Use other electrical appliances to test whether there is a problem with the socket. If the microwave oven cannot be heated, please check whether the oven door is closed. Please pay attention to closing the oven door.

Your microwave oven requires regular cleaning and maintenance.

- Please unplug the microwave oven promptly after use. Do not put it near the fire or immerse it in water. Do not put the power cord and plug directly on the cover to prevent the waste heat of the cover from damaging the power cord.

- Clean the microwave oven after it cools down. The microwave oven shall be cleaned regularly and all food residues inside shall be removed. Unclean microwave ovens will deteriorate the surface of the appliance, which will affect its service life and may lead to danger.

- The microwave oven shell can be wiped with a cloth dipped with soft detergent (such as detergent), then with a wet cloth, and finally with a dry cloth to desiccate the oven chamber. It is strictly prohibited to wipe the microwave oven with hard objects such as the steel wire brush. Do not clean the oven door safety lock system. **Warning:** Never use a crude detergent or a sharp metal scraper to clean the glass of the microwave oven door, because doing so may scratch or even crush the glass.

- The oil produced during cooking will corrode the oven chamber and affect the heating, thus changing the food flavor. Therefore, please clean the oven chamber promptly after use.

- Wash metal baking pans, ceramic pans and metal grills with warm water. Note that after cooking in the microwave oven for a long time, do not clean it instantly with cold water.

- Guided waves of the microwave oven can be divided into side-guided waves and bottom-guided waves. There is a waveguide port on the right side of the microwave oven chamber. Please keep the waveguide port clean and do not remove the waveguide cover (mica sheet) to avoid ignition.

- Details for cleaning the door seal, chamber and adjacent fittings; the microwave oven lying idle for a long period shall be made work for a few minutes under the Roast or lightwave function before reuse to evaporate the moisture accumulated in it.

- Keep the bottom of the oven chamber clean to avoid the abnormal noises caused by the rotating table during the operation of the rotary-table microwave oven.

#DetailsMatter